

Activities to be implemented

- Conducting research and analysis on best practices in metacognitive activities in order to improve adult education learning possibilities;
- Creating effective and innovative methods and methodologies in order to assess, maintain and improve metacognitive knowledge and skills for adult learners through the creation of learning opportunities and digital education;
- Producing high quality interactive e-Course and toolkit which will provide educational opportunities for low skilled adult learners (especially NEET) and will upskill and reskill adult educators in order to better meet learners needs by testing the products realized with them.

Read more



metaskills.erasmus.site

Met-AE - Metacognitive Skills for Adult Learners is a two-year-project co-funded by the Erasmus+ Programme of the European Union: Cooperation partnerships in adult education

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Partners



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Meta-Skills for AE



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The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

Focus

The project focuses on the creation of a clear and direct upskilling pathway for vulnerable and low-skilled adult learners, in order to improve their accessibility to uncommon, yet very important skills and ultimately to support the increase in take-up of adult education.

The project aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

Objectives

The main objectives of Met-AE project are:

- To create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners, to improve their accessibility to uncommon, yet very important skills;
- To support the increase in the take-up of adult education through increasing the ability of adults with a low level of skills, knowledge and competences to successfully complete adult education courses and qualifications;
- To improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills;
- To provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

Expected impact

1st Result - Metacognitive Best Practice Handbook

This best practice handbook will gather and analyse best practices in the use of metacognitive activities to support reflective and self-directed learning in adult education learning environments, specifically amongst low-skilled and NEET adult learners. It will be produced as a text file guide for use by the target groups, but the content will also be filed on the Met-AE website as a reference database to increase transferability and encourage broader use.

1st Result Activities

- Research on identified best practices;
- Collation of all research, analysis and summarised findings, to create the initial content of the handbook;
- Partner feedback and Quality Review;
- Graphic and aesthetic design of the publication;
- Translation to all partner languages and piloting phase!