



Meta-Skills for AE

Met-AE Newsletter #1 – Introduction

Project dates: 01/01/2022 – 31/12/2023 | Funded by Erasmus+, KA220-ADU Cooperation partnerships in adult education



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The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

Our objectives:

- To create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners;
- To support the increase in the take-up of adult education through increasing the ability of adults with a low level of skills;
- To improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills;





Project results:

- Metacognitive Best Practice Handbook – which will gather and analyze best practices in the use of metacognitive activities to support reflective and self-directed learning in adult education learning environments, specifically amongst low-skilled and NEET adult learners;
- Metacognitive Competence Framework – an effective method to assess, maintain, and monitor learners’ metacognitive knowledge, skills and attitudes and progress towards them;
- Metacognitive Learner Interactive e-Course – which will provide a 30-hour course aimed at introducing, explaining and encouraging low-skilled/educated adult learners through a series of engaging, interactive modules which cover each competence of the metacognitive framework in detail;
- Metacognitive Supporter e-Course – a 15-hour e-Course and supporting CPD resources will upskill, reskill and focus adult educators and trainers to have the skills and knowledge to be able to actively provide support and guidance to adult learners’ self-directed and reflective learning activities relating to their metacognitive skills.
- Metacognition Change Management Toolkit – which will provide key resources to adult education organizations and their leaders to support their teachers and learners to make a sustainable transition to the integration of metacognition within their existing adult education learning environment.



Kickoff meeting

The kick-off meeting of project was held in Rzeszów, Poland the 13th and 14th June 2022. The meeting was attended by staff from all the project partners.

The activities of the meeting were related to the partnership presentations, project management information and tools, followed by a discussion on the division of labour between partners, the content of intellectual products and clarification of both the dissemination plan and the evaluation plan for activities and results.

The consortium established the project plan, strengthened the working relationship and planned the next steps together and communication.

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