



# Meta-Skills for AE

## Met-AE Newsletter #2 – Training!

Project dates: 01/01/2022 – 31/12/2023 | Funded by Erasmus+, KA220-ADU Cooperation partnerships in adult education



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## The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

## Our objectives:

- To create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners;
- To support the increase in the take-up of adult education through increasing the ability of adults with a low level of skills;
- To improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills;



# LTTA: Learning, Training and Teaching in Syros!

The Met-AE planned training activity in Syros, was very important for the achievement of the project aims. The training took place from the 12th until the 16th of September. During the LTTA event, participants mutually trained each other and learned from each other and also worked on elaboration of the methodology of workshops and metacognitive supporter and learner instructions. During the LTTA participants started the design of the methodology of workshops that will be then followed by each partner after returning home.

Therefore, the LTTA was crucial for achievement of project's aims. The added value of the training was that staff from the partner organizations had the opportunity to receive training directly from the most experienced organizations in the field, with high quality specialization in the topic on which they provide training, and benefitted of the transfer of know-how and innovative procedures, methodologies and products.

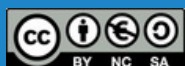
During the training activity, since the methodology used was peer learning, not only each organization shared and acquired professional competences, but will also contributed to the development of given topic and evaluated it.



# Second Project Meeting!

The second project meeting was held in Palermo during the 16th and 17th November 2022. The consortium took this opportunity to update on the progress of the expected activities especially the research phase that conducted to the finalization of the first project result: the Metacognitive Best Practice Handbook. This output gathers best practices and analyze methodologies and uses of metacognitive skills in self-directed learning.

The partnership established the course of the next activities and what it is expected to be next in the development of the Met-Ae project with a major focus on the Metacognitive Competence Framework that will lay the ground for the core of the project itself: the development of the e-Course in relation to metacognition!



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